

**GREATER PLYMOUTH COMMUNITY CENTER  
WOMEN'S VOLLEYBALL LEAGUE  
RULES & REGULATIONS**

Release/Waiver Statement: The release/waiver statement is located on the roster sheet. All players must read the release/waiver statement and sign the roster sheet. Your signature on the roster sheet acknowledges that you have read and understand this statement. This form needs to be handed in no later than the date of your team's first game. New player(s) can be added to the roster up to the 3rd week in the season (Not the team's third game).

Playing Rules: Play will be in accordance with United States Volleyball Rules with the following additions and emphasis: (Note: When local rules are in conflict with the U.S.V.A. rules, local rules have precedence.)

❖ **DISORDERLY CONDUCT BY PROGRAM PARTICIPANTS OR THEIR FANS WILL NOT BE TOLERATED. EXCESSIVE LANGUAGE, VERBAL ASSAULT ON OFFICIALS, AND ALL OTHER DISRUPTIVE BEHAVIOR WILL RESULT IN EXPULSION FROM THE LEAGUE.**

1. Each team is guaranteed at least 10 games in the regular season. Depending on the number of teams registered to play, some teams may play each other twice in the season.
2. Players are responsible for signing in each evening. Captains may sign in for team members. Players must be present or arriving late and participate (play) in matches to sign-in. Referees will verify all those who participate.
3. "A" League - Each match will consist of **five** games regardless of the outcome of the first four. Rally scoring will be used for all five games. In the first four games in the match, a game is won by the team which first scores 25 points, with a minimum lead of two points/cap 27 points. *In the fifth game the game is won by the team which first scores 15 points (no lead of two points in fifth game unless time allows; when time allows cap of 17 points).*
4. "BB" & "B" League - Each match will consist of **three** games regardless of the outcome of the first two. **Rally scoring will be used for all three games.** The first three games in the match, a game is won by the team which first scores **25 points**, with a minimum lead of two points/cap 27 points. *If in the third game of the match, it starts at or after 45 minutes past the match's scheduled start time, the game is won by the team which first scores 20 points (no lead of two points in third game unless time allows; when time allows cap of 27 points).*
5. If the start of a game is delayed for any reason, it will be up to the league coordinator or programmer on duty to determine how to proceed for that night.
6. All dead balls must be rolled under the net, not thrown over the net.
7. These rules will govern the obstacles in our gym:
  - a. back & side curtains: dead ball
  - b. back & side walls: dead ball
  - c. basketball backboards, rafters, lights(ceiling obstacles): In play on your own side
  - d. when serving the ball against the back curtain only, the server must start behind the

black line and cannot step on or over the black line. The service line is the black line in this case, not the red line. (Caution: Do not stand against the curtain and push it away when serving. There might be someone on the other side of the curtain).

8. Substitutions: Sub player for player. Unlimited substitution.
9. Any attempt to stall (ref's judgement) will be called and a point awarded.
10. Teams are encouraged to arrive early to warm-up. A five-minute warm-up time will be provided between matches.
11. Time Outs: "A" division will have Two thirty second time-outs per game and the "BB" & "B" divisions will have One thirty second time-out per game. Only an on court player may call a time out.
12. The referee will be the official scorer and timekeeper.
13. THIS IS A NO PROTEST LEAGUE. ALL CALLS ARE FINAL ON THE COURT.
14. Contact with the net by a player is not a fault, unless it is made during the action of playing the ball, or it interferes with the play.
15. Players may not cross the centerline.
16. Players may not touch the net at any time while the ball is in play.

#### Player Information/Eligibility

- Only women 18 years of age and older and having graduated from high school are eligible to participate. A driver's license may be required to verify age.
- Seventeen players may be listed on the roster as eligible players. No person can play for more than one team in the league. A player may not play for one team then leave that team to sign up on a different team in the same season.
- A player is eligible if they have read the rules and regulations and signed the roster sheet with the release/waiver statement. After game 3 in the season no new player(s) can be added.
- Six players will constitute a team.
- Teams will be allowed to begin with a minimum of four players. As additional players arrive they may be added. If you know that you do not have enough players please call the GPCC (ask for a programmer) at (610) 277-4312 and let them know your team will be forfeiting that game.

#### Forfeits

- Teams will be allowed to begin with a minimum of four players. If a team fails to have four players at 10 minutes beyond the scheduled start time, they will forfeit the first

game. The second and third (second through fifth for the “A” league) game will be forfeited after an additional 5 minutes.

- Team captains are responsible for calling the league coordinator at the GPCC if your team plans to forfeit. We will make every attempt to notify the other team’s captain of the forfeited game.
- The team’s first forfeit will result in a \$30 (\$50 for “A” league) loss from the forfeit fee. The second forfeit will result in the loss of the remaining \$30 (\$50 for “A” league) and the team will be eliminated from the league with no refund.
- To encourage early notification of forfeits, if we receive a call before 5:30 pm on the Sunday before your game day about the forfeit, then only \$15 (\$25 for “A” league) will be deducted from the forfeit fee instead of the full amount. Calling in a forfeit is a courtesy to the other team and the ref.
- A forfeit will be declared if a team does not come up with the referee fee before the start of the game.
- Forfeit fee checks will be issued after the completion of the season. For administrative reasons, only one check will be issued and made out to the team captain.

### Play-offs

- ❖ The top **four** teams will advance to a single elimination play-off tournament at the end of the season. If a tie occurs, the following criteria will be used to determine who participates in the play-offs:
  - a. total head to head games won
  - b. total head to head # of points scored
  - c. total points of all games played.
  - d. a coin toss
- ❖ In the case of multiple team (3 or more) ties, the team with the best head to head record among the tied teams will receive the higher position. Winning percentages may be used.
- ❖ A player must play in at least 3 games in the regular season in order to qualify to play in the play-offs. Rosters will be checked before play-offs.
- ❖ The following rule changes will be used for the play-offs:
  - a. semi-finals best 2 of 3; finals best 3 of 5
  - b. games have no time limit but a cap of 27

### Miscellaneous

- Team captains are responsible for informing their teammates about the game times, changes in schedules, notices, cancellations, rules and regulations of the league, etc.
- Team captains need to give **daytime** and evening **phone number** so that we can contact you in case of a forfeit or last minute change. If the captain will not be available for any week during the season, she should contact the league coordinator and give the phone number of her replacement for the week in case of a forfeit.

- Team Names: when choosing a name for your team please remember this is a family oriented community center. The GPCC reserves the right to ask you to change your team name if it has a derogatory connotation. Those teams with sponsors usually use their sponsor's name.
- Weather cancellations are **not** called to you. On questionable days, you need to call the Community Center at (610) 277-4312. We suggest that the captain call us and have the team members call the captain or set up a chain for calls.
- No tobacco chewing, no smoking, no profanity anywhere in the building.
- Alcohol & Drug Policy: Per Plymouth Township ordinance, no alcohol or drug use will be tolerated in the GPCC or its property. No player shall appear on the court under the influence of alcohol or drugs in such a manner as to not have control of his/her faculties to the extent that there is a chance of physical injury to him/her or others (police will be involved). Minimum penalty, ejection from the GPCC and/or suspension from team's next scheduled game.
- Uniforms: It is recommended that all teams have matching colored t-shirts. No tank tops allowed per facility rules.
- **Children:** due to their short attention span, we ask that all children sit next to parents and be under supervision at all times. This would help prevent any accident or interference with the games. If the only parent attending is playing, that parent is responsible to have a friend in charge of his/her children during the game. Please keep children off the track that encircles the courts and off the open courts (they are for our pass holders use only). The GPCC will attempt to have the babysitting area available during game times. Check with the GPCC babysitting procedures and fee sheet (info located at front desk). Please call a head and reserve a spot so that we know how many children need to be watched. The league fee does *not* include babysitting fees.
- Lost Items: The GPCC assumes no responsibility for lost or stolen property. If something is missing, check with the front desk's lost and found.
- No food or drink is allowed in the gym. Water or sport drinks are permitted provided it is in a plastic container with a secured lid (no glass or metal containers permitted). A vending area with tables and chairs are located next to the gym.
- The Greater Plymouth Community Center has no provision for accident insurance for players or spectators, nor will it assume any responsibility for accident or injury in conjunction with this program for its players and spectators.
- Weekly standings will be posted on the gymnasium bulletin board. If your team would like a copy to take with you, please ask the league coordinator. All discrepancies need to be brought to the attention of the league coordinator immediately.
- Any questions, comments, or concerns regarding the league should be directed to Lucas McCarty at (610)313-8680.